

# SELF

The  
L.A.  
Issue!

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THINK  
GREEN 

## COOKIN' GOOD

Californians are all about reducing their “cookprint” (aka the resources used to prepare their meals), says Kate Heyhoe, author of *Cooking Green* (Da Capo Press). Conserve better with these cute kitchen finds.

**Wipe out waste**  
Swap synthetic sponges for Twist's biodegradable, dye-free Dish Dumping. \$4; [BuyGreen.com](http://BuyGreen.com)

