

Modern Green Living + Spa Wisdom

organic spa

MAGAZINE

create a calming home

50 Green Design Solutions

Best Fall Makeup Lines

Olive Oil Beauty Round-up

The Good Side of Stress

Your Pet & Supplements



VIVATERRA FLATWARE

VivaTerra's stainless steel "Twig" carved flatware introduces a touch of Zen to the dinner table. www.vivaterra.com



GREEN PAN COOKWARE

Green Pan with Thermolon, the first PTFE-free non-stick cookware on the market, requires less energy to rack up a high temperature and reduces carbon emissions. Must-have staple: the versatile Stockholm black aluminum non-stick fry pan. www.green-pan.com



TWIST DISH DUMPLING

Soaked the brownie pan overnight and it's still crusty? Turn to the Twist Dish Dumpling for help. This chunky biodegradable sponge is dye-free and packed in an agave wrapper. www.twistclean.com

Alia Akkam is *Organic Spa Magazine's* contributing editor of food & festivities.



Frazier Ferrara

HOME IMPROVEMENT

By **Ellen Swandiak**

BACK TO THE FUTURE

Frazier Ferrara is a mid-century house rescuer. He developed a taste for modern design while growing up in 1960s New York, in a brand-new home designed by his father, an aerospace engineer, with commercial architect Peter S. Hoff. "I grew up in a home without drapes, without art on the walls, without knickknacks. My parents believed that the windows framed the art—the apple tree in the snow, an overcast sky—that was what we admired."

As he sees it, the 1950s were forward-thinking times where architects and designers cared about function, affordability, and streamlining. "Starter homes lured buyers in with *design!* Today, homes are not appraised on quality but on square footage—that's why homes just keep getting bigger. It's time for homes to be valued on their efficiency and design."

After relocating to Florida, he was aghast that compact, efficient houses were being razed for property-spanning McMansions, and decided to do something about it. Having amassed an extensive collection of mid-century modern furniture and with a keen eye for design and cost-control, he began his quest to buy and modernize these classic houses. With 10